

Learn More About Our Great Products Here

Congratulations & Get ready to FEEL YOUR BEST!

You've discovered the perfect blend of GREAT TASTE and TRULY FUNCTIONAL foods that are 100% All Natural. Whether you are dieting, trying to reduce your cholesterol, add protein or fiber to your diet, reduce the risks of diabetes or some cancers, or just looking for a delicious breakfast and snack option, you're going to love our "functional" cereals.

Protein Plus Cereal – Delicious Golden Crunchy Multi-Grain Clusters with Soy Protein loaded with benefits (per serving):

- 12g Protein with 9g Soy Protein
- 1g Fat & No Trans Fats
- 140 Cal

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Simply Fiber Cereal – Crunchy Bran O's with tasty whole wheat and corn chock full of fiber benefits (per serving):

- 14g Fiber & NO SUGAR or SODIUM
- 1g Fat & No Trans Fats
- 100 Cal
- Only 4 Ingredients

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Simply Fiber Cereal with Cinnamon ‐ Crunchy Bran O's with tasty whole wheat and corn plus a hint of cinnamon chock full of fiber benefits (per serving):

- 14g Fiber & NO SUGAR or SODIUM
- 1g Fat & No Trans Fats
- 100 Cal
- Only 4 Ingredients plus cinnamon

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